

TESSA WHITE

Actress | Singer | Model

Melbourne, FL | white.tessa.d@gmail.com | tessadwhite.com

“The precision of an athlete, the heart of an artist, and the soul of a storyteller.”

Hello!

I’m **Tessa White**, an actress, dancer, and performer originally from Topeka, Kansas, now based in Melbourne, Florida. Over the past eight years, I’ve developed my craft and passion for storytelling through theatre, dance, and competitive cheer.

Whether I’m on stage or in front of the camera, I bring every character to life with energy, creativity, and authenticity. My experience as both an artist and an athlete has taught me endurance, precision, and teamwork — qualities that drive me to deliver strong, heartfelt performances every time.

I’m excited to continue growing in the industry and to collaborate with others who share a love for meaningful storytelling. I’d be honored to connect and explore upcoming opportunities in casting or representation.

Thank you for your time and consideration.

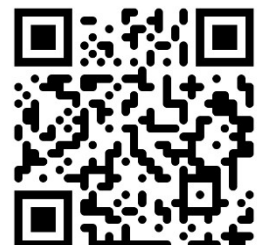
Warmly,

Tessa White

My Demo Reels



My Website

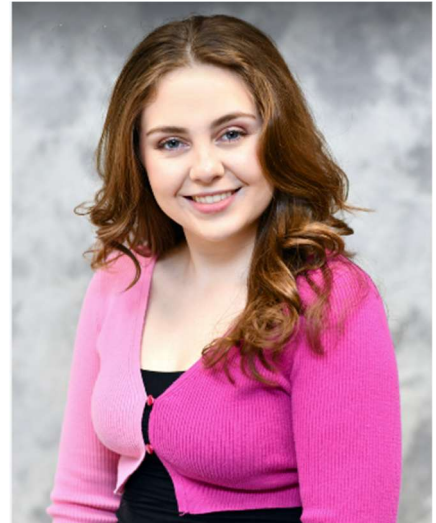


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PROFILE

Passionate about bringing stories to life on stage and screen, I approach every role with energy, authenticity, and creativity. Growing up in a family of six siblings, I learned early how to capture attention, express emotion, and adapt quickly — skills that now fuel my work as a performer.

TRAINING

Barbizon Acting & Modeling School – Acting, Improv, Runway, and Commercial Technique

Shawnee Heights High School Theatre (Tecumseh, KS) – Theatre & Improv (2019–2023)

Private Coaching & Workshops – Various local theatre, film classes, and acting workshops

PERFORMANCE EXPERIENCE

Local Theatre Productions – Topeka Performing Arts Center

Film & Short Projects – Independent and student productions, Kansas

Choraliers (Shawnee Heights HS advanced choir) – Alto, Statewide Singing Competitions (2019–2023)

All-Star Competition Cheerleader – KC Cheer, Kansas City, KS National Champions: NCA, WSA, JamFest (2015–2016)

Orchestra (2nd Violin) – Top 10, String Fling Competition, Manhattan, KS (2015–2023)

SPECIAL SKILLS

Acting: Improvisation, Character Work, On-Camera Performance

Accents & Dialects: Standard American, Southern, Cockney/London, Scottish, Irish (Dublin)

Dance: Jazz, Hip Hop (Advanced)

Vocal Range: Alto – Singing & Musical Performances

Other: Cheerleading, Tumbling, Dancing, Violin, Team Collaboration

PHYSICAL DETAILS

Age: 20 | Height 5' 1" | Weight 110 lbs | Hips 37" | Bust 33"

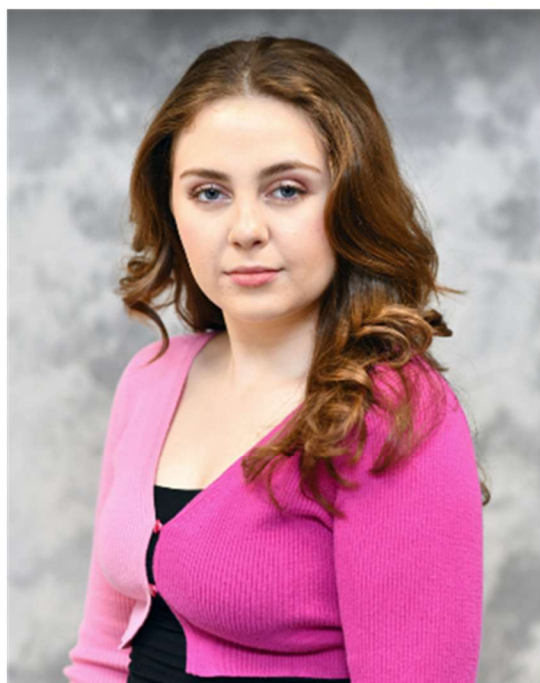
Dress Size: 2 | Pants: 4 | Waist: 28.5" | Hips: 37" | Hair Brown | Eyes Blue



Commercial Look



Dramatic Film & TV Look



Commercial Look



Character/Lifestyle Look

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Demo Reels: <https://tessadwhite.com/portfolio#demo-reels>